

Diet, Cancer & Inflammation...

What You Need to Know



Diet and nutrition play key roles in both helping prevent cancer and managing side effects and health after a diagnosis of cancer. As part of our comprehensive cancer program, we want to provide you with the latest nutritional information in the fight against cancer.

Our interactive workshop, led by Dr. Ed Carriere, is open to cancer survivors, caregivers or those interested in learning more about food options to reduce inflammation and cancer risks.

Sky Ridge Medical Center
Women's Atrium Classroom
February 5, May 7, August 6 & October 1
5 to 6 p.m.

The Women's Atrium Classroom is located on the east side of the campus in the Women's Hospital entrance. Complimentary parking is available in the garage. Exit from the garage, take the stairs into the building and the Classroom is at the end of the hallway.



RSVP to 720-225-2229. Light refreshments will be served.